

Week 1

- Philippians 1:1
- Philippians 1:1
- Philippians 1:2
- Philippians 1:2
- Philippians 1:3

Week 2

- Philippians 1:4
- Philippians 1:4
- Philippians 1:5
- Philippians 1:5
- Philippians 1:6

Week 3

- Philippians 1:6
- Philippians 1:6
- Philippians 1:7
- Philippians 1:7
- Philippians 1:7

Week 4

- Philippians 1:7
- Philippians 1:7
- Philippians 1:8
- Philippians 1:8
- Philippians 1:9

Week 5

- Philippians 1:9
- Philippians 1:10
- Philippians 1:10
- Philippians 1:11
- Philippians 1:11

Week 6

- Philippians 1:12
- Philippians 1:12
- Philippians 1:12
- Philippians 1:13
- Philippians 1:13

Week 7

- Philippians 1:14
- Philippians 1:14
- Philippians 1:14
- Philippians 1:15
- Philippians 1:15

Week 8

- Philippians 1:16
- Philippians 1:16
- Philippians 1:17
- Philippians 1:17
- Philippians 1:18

Week 9

- Philippians 1:18
- Philippians 1:18
- Philippians 1:19
- Philippians 1:19
- Philippians 1:19

Week 10

- Philippians 1:20
- Philippians 1:20
- Philippians 1:20
- Philippians 1:20
- Philippians 1:20

Week 11

- Philippians 1:21
- Philippians 1:22
- Philippians 1:22
- Philippians 1:22
- Philippians 1:23

Week 12

- Philippians 1:23
- Philippians 1:24
- Philippians 1:24
- Philippians 1:25
- Philippians 1:25

Week 13

- Philippians 1:26
- Philippians 1:26
- Philippians 1:26
- Philippians 1:27
- Philippians 1:27

Week 14

- Philippians 1:27
- Philippians 1:27
- Philippians 1:27
- Philippians 1:27
- Philippians 1:28

Week 15

- Philippians 1:28
- Philippians 1:28
- Philippians 1:29
- Philippians 1:29
- Philippians 1:29

Week 16

- Philippians 1:30
- Philippians 1:30
- Philippians 2:1
- Philippians 2:1
- Philippians 2:1

Week 17

- Philippians 2:2
- Philippians 2:2
- Philippians 2:3
- Philippians 2:3
- Philippians 2:4

Week 18

- Philippians 2:4
- Philippians 2:5
- Philippians 2:5
- Philippians 2:6
- Philippians 2:6

Week 19

- Philippians 2:7
- Philippians 2:7
- Philippians 2:8
- Philippians 2:8
- Philippians 2:8

Week 20

- Philippians 2:9
- Philippians 2:9
- Philippians 2:10
- Philippians 2:10
- Philippians 2:11

Week 21

- Philippians 2:11
- Philippians 2:12
- Philippians 2:12
- Philippians 2:12
- Philippians 2:12

Week 22

- Philippians 2:13
- Philippians 2:13
- Philippians 2:14
- Philippians 2:15
- Philippians 2:15

Week 23

- Philippians 2:15
- Philippians 2:15
- Philippians 2:16
- Philippians 2:16
- Philippians 2:16

Week 24

- Philippians 2:17
- Philippians 2:17
- Philippians 2:17
- Philippians 2:18
- Philippians 2:18

Week 25

- Philippians 2:19
- Philippians 2:19
- Philippians 2:20
- Philippians 2:20
- Philippians 2:21

Week 26

- Philippians 2:21
- Philippians 2:22
- Philippians 2:22
- Philippians 2:23
- Philippians 2:23

Week 27

- Philippians 2:24
- Philippians 2:24
- Philippians 2:25
- Philippians 2:25
- Philippians 2:5

Week 28

- Philippians 2:26
- Philippians 2:26
- Philippians 2:27
- Philippians 2:27
- Philippians 2:27

Week 29

- Philippians 2:27
- Philippians 2:28
- Philippians 2:28
- Philippians 2:28
- Philippians 2:29

Week 30

- Philippians 2:30
- Philippians 2:30
- Philippians 2:30
- Philippians 3:1
- Philippians 3:1

Week 31

- Philippians 3:1
- Philippians 3:2
- Philippians 3:2
- Philippians 3:3
- Philippians 3:3

Week 32

- Philippians 3:3
- Philippians 3:4
- Philippians 3:4
- Philippians 3:4
- Philippians 3:5

Week 33

- Philippians 3:5
- Philippians 3:5
- Philippians 3:6
- Philippians 3:6
- Philippians 3:7

Week 34

- Philippians 3:7
- Philippians 3:8
- Philippians 3:8
- Philippians 3:8
- Philippians 3:8

Week 35

- Philippians 3:8
- Philippians 3:9
- Philippians 3:9
- Philippians 3:9
- Philippians 3:9

Week 36

- Philippians 3:10
- Philippians 3:10
- Philippians 3:11
- Philippians 3:11
- Philippians 3:12

Week 37

Philippians 3:12
 Philippians 3:12
 Philippians 3:13
 Philippians 3:13
 Philippians 3:13

Week 38

Philippians 3:13
 Philippians 3:14
 Philippians 3:14
 Philippians 3:15
 Philippians 3:15

Week 39

Philippians 3:15
 Philippians 3:16
 Philippians 3:17
 Philippians 3:17
 Philippians 3:18

Week 40

Philippians 3:18
 Philippians 3:18
 Philippians 3:19
 Philippians 3:19
 Philippians 3:19

Week 41

Philippians 3:20
 Philippians 3:20
 Philippians 3:21
 Philippians 3:21
 Philippians 3:21

Week 42

Philippians 4:1
 Philippians 4:1
 Philippians 4:1
 Philippians 4:2
 Philippians 4:3

Week 43

Philippians 4:3
 Philippians 4:3
 Philippians 4:3
 Philippians 4:3
 Philippians 4:4

Week 44

Philippians 4:5
 Philippians 4:6
 Philippians 4:6
 Philippians 4:6
 Philippians 4:7

Week 45

Philippians 4:7
 Philippians 4:8
 Philippians 4:8
 Philippians 4:8
 Philippians 4:8

Week 46

Philippians 4:8
 Philippians 4:9
 Philippians 4:9
 Philippians 4:9
 Philippians 4:10

Week 47

Philippians 4:10
 Philippians 4:10
 Philippians 4:11
 Philippians 4:11
 Philippians 4:11

Week 48

Philippians 4:12
 Philippians 4:12
 Philippians 4:12
 Philippians 4:13
 Philippians 4:13

Week 49

Philippians 4:14
 Philippians 4:15
 Philippians 4:15
 Philippians 4:15
 Philippians 4:16

Week 50

Philippians 4:16
 Philippians 4:17
 Philippians 4:17
 Philippians 4:18
 Philippians 4:18

Week 51

Philippians 4:18
 Philippians 4:19
 Philippians 4:19
 Philippians 4:19
 Philippians 4:20

Week 52

Philippians 4:21
 Philippians 4:21
 Philippians 4:22
 Philippians 4:23
 Philippians 4:23



Grace Life Church

BIBLE MEDITATION

PLAN 2020

Basics

The book of Philippians is divided into sections based on 5 days per week for 52 weeks. Longer verses have more days, shorter verses fewer. This plan can be used by anybody, with three levels of involvement.

1) Reading & Meditation

Read the verse and think about it. Consider the verses around it for context. Ask the Lord to help you understand and to apply the truths to your heart. Optional: Consult a good study Bible.

2) Widening the context

In addition, read the entire book of Philippians each day, or at least several times each week. This will help you see the verses in light of the whole message. The average reader can read the entire letter in about 10-12 minutes.

3) Memorization

Memorize the book as you go through. Overall, it is about 8 words per day. Memorizing verses in order is easier and you will improve as you go. It is important to review the parts you have memorized in order to retain them in the long term. For helpful advice on memorizing longer portions like this, see here: <http://www.fbcdurham.org/wp-content/uploads/2015/07/Scripture-Memory-Booklet-for-Publication-Website-Layout.pdf>

Tips

- 1) Do it with a friend.
Keep each other accountable and discuss the passage.
- 2) Seek to know Christ.
Only the goal of a greater joy in knowing Christ will keep you going! (Phil. 3:8)